

What We Expect in the Final Rule*

Whole Muscle Cuts

- Required either on package or point of purchase
- Data may be “as consumed” or “as packaged”

Ground Meats

- Required on package
- Data must be “as packaged”
- Can *also* list “as consumed” as long as preparation and cooking instructions are clearly stated.
- % lean may be included on the label *as long as* a statement of the % fat is also displayed on the label. (e.g. 90% Lean/10% Fat)

Requirements:

- Must list total calories, calories from fat, total fat, saturated fat, cholesterol, sodium, total carbohydrates, dietary fiber, sugars, protein, Vitamin A, Vitamin C, Calcium and Iron. *Note: If the value of any required vitamins or minerals is zero, it can be deleted from the label as long as a “Not a significant source of ...” statement is included.*
- Do not need to indicate number of servings in the package

Options:

Micronutrients found in meat (e.g. zinc, B-vitamins, thiamin, etc.) can be listed either in addition to or in place of the required vitamins and minerals as long as *the* “Not a significant source...” statement is used.